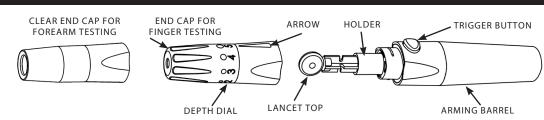
# LANCING DEVICE INSTRUCTIONS FOR

For obtaining capillary whole blood for testing.



Do not use lancet if lancet top has been previously removed.

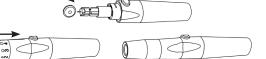


#### - READY

- Select area to be lanced. Wash with soap and warm water, rinse and dry thoroughly. Disinfect the clean skin with an antiseptic (e.g. 70% alcohol).
- Pull off End Cap. Push Lancet firmly into Holder.



- Remove Lancet Top. Note: Save Lancet Top for safe disposal of used Lancet.
- Replace End Cap. Note: Use clear End Cap for lancing forearm.

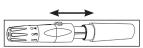


### For Finger Testing:

Turn Depth Dial to desired lancing depth. Note: Finer adjustments can be made by setting Arrow between

**Lancing Depth Guide:** 

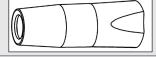
- 1-2 for soft / thin skin
- 3-4 for average skin
- 4-5 for thick / calloused skin
- Lower hand to waist level. Gently massage finger to get blood flowing.
- Hold End Cap in one hand and Arming Barrel in other. Gently pull Arming Barrel until a click is heard.



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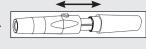
## For Forearm Testing:

Use Clear End Cap in place of regular Depth Dial End Cap, but if Clear End Cap is not available, select #5 on Depth Dial.



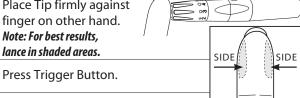


- Rub area vigorously or apply warm compress to stimulate blood flow.
- Hold End Cap in one hand and Arming Barrel in other. Gently pull Arming Barrel until a click is heard.



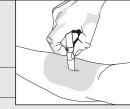
#### - L A N C E -

Place Tip firmly against finger on other hand. Note: For best results, lance in shaded areas.



Gently massage finger from palm to fingertip to form (3)

- Place Tip firmly against forearm. Note: For best results, lance in shaded area.
- Press Trigger Button.



Apply a firm pressure on the Lancing Device until an (3) adequate blood drop is formed.

# blood drop. Removing Used Lancet:

Pull off End Cap.

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- 2. Using saved Lancet Top, recap Lancet.
- 3. Remove from Holder and discard Lancet in appropriate container. **Lancing Device Cleaning and Disinfecting**

Cleaning and disinfecting the lancing device is a two-step process. The first step is **Cleaning**. Cleaning removes any blood, liquids, dust or dirt. The second step is **<u>Disinfecting</u>**. Disinfecting removes most, but not all possible infectious agents (bacteria or viruses), including blood-borne pathogens.

Cleaning must be done before Disinfecting.

riangleClean and disinfect the lancing device at least once a week. Lancing device may be cleaned and disinfected once a day for up to 3 years. If blood gets on the lancing device, clean and disinfect it before anyone else touches it. If someone is helping you test your blood or performs a test on you, do the cleaning and disinfecting before allowing anyone else to handle it.

- 1. Wash hands thoroughly with soap and water or wear disposable gloves.
- 2. To Clean: Using a cleaning/disinfecting agent wipe with the active ingredients ammonium chloride with up to 0.25% of each quaternary ammonium compound and isopropyl alcohol (up to 55%), thoroughly wipe the entire outside surface of the lancing device with one cloth by wiping in circles 3 times. Discard the used cloth.
- 3. Repeat step 2 if the lancing device is not visually clean, or safely dispose of it according to your state/local regulations.
- **To Disinfect:** Remove a fresh cleaning/disinfecting agent wipe with the active ingredients ammonium chloride with up to 0.25% of each quaternary ammonium compound and isopropyl alcohol (up to 55%), thoroughly wipe the entire outside surface of the lancing device by wiping in circles 3 times. Make sure that you go over the entire lancing device.
- 5. Using fresh cloths, if needed, make sure that all outside surfaces of the lancing device stay wet for 2 minutes by patting with the cloth. Discard used cloth. Let lancing device air dry completely before using
- Gently pull back Arming Barrel and press the Trigger Button. You will hear a click if the lancing device is working properly.

Wash hands thoroughly again.

tested. The effect of other disinfectants used interchangeably has not been tested with the lancing device. Use of disinfectants other than cleaning/disinfecting agent wipe with the active ingredients ammonium chloride with up to 0.25% of each quaternary ammonium compound and isopropyl alcohol (up to 55%) may damage lancing device.

Do not use lancing device and call the contact information at the bottom of the page, if:

- ~ Markings on lancing device are coming off,
- ~ Trigger Button is hard to push,
- ~ End Cap does not go back on,

~ Arming Barrel does not click when gently pulled back.

Cleaning/disinfecting agent wipes with the active ingredients ammonium chloride with up to 0.25% of each quaternary ammonium compound and isopropyl alcohol (up to 55%) have been tested on the lancing device for a total of 1,095 cleaning and disinfecting cycles, which is equal to cleaning and disinfecting the lancing device once a day for a 3-year period. Lancing device may be cleaned and disinfected up to 7 cycles per week for 3 years.

### Important Notes Regarding Forearm Samples Used in Testing Blood Glucose:1

- Check with your Doctor or Healthcare Professional to see if forearm testing is right for you.
- Blood glucose results from forearm are not always the same as results from fingertip. Do not use forearm for testing when blood sugar is rapidly rising or falling, e.g., within 2 hours of eating, after taking insulin, immediately after exercise, or when you are ill or under stress. Use fingertip sample for testing.
- Do not use forearm samples for testing if you think your blood sugar is low, if you don't regularly experience symptoms when your blood glucose is low, or if your results from forearm samples do not match the way you feel. Use fingertip sample for testing.

Lancing Device and Clear End Cap are for self-testing and intended for use by one patient only. Not suitable for use by healthcare or care workers.

Refer to Owner's Booklet for testing instructions.

Reuse of devices labeled for single-use may result in product contamination and patient infection.

Lancing Device has a 3-year operation life expectancy or 3285 testing cycles (lancet loaded into Holder and Trigger Button pressed).

Make sure all parts of the lancing device are working properly and remain in good physical condition (i.e. legible and intact label print, properly operating buttons). Do not use the lancing device if the lancet needle does not retract. Do not use the lancing device if you see sign of degradation after the cleaning and disinfecting cycles.

## **SYMBOLS:**

Biological Risks

Caution

Consult Instructions for Use

Lot Number

MD Medical Device

Authorized representative in the European Community **UKRP** UK Responsible Person

Manufacturer

Date of Manufacture

Single Patient Use Only

Please report any serious incident that has occurred in relation to this device to Trividia Health, Inc. and the competent authority of your country

1. U.S. Food and Drug Administration. Blood Glucose Meters, Getting the Most Out of Your Meter. [Electronic Version]. Retrieved July 6, 2009 from http://www.fda.gov/MedicalDevices/Safety/AlertsandNotices/TipsandArticlesonDeviceSafety/ucm109371.htm

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